



Rochester Hills

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Master

File Number: 2015-0215

File ID: 2015-0215

Type: Recognition

Status: For Presentation

Version: 1

Reference:

Controlling Body: City Council
Regular Meeting

File Created Date : 05/12/2015

File Name: Recognition of May 2015 as Mental Health
Awareness Month

Final Action:

Title label: Proclamation in Recognition of May 2015 as Mental Health Awareness Month

Notes:

Sponsors:

Enactment Date:

Attachments: 051815 Agenda Summary.pdf, Proclamation.pdf

Enactment Number:

Contact:

Hearing Date:

Drafter:

Effective Date:

History of Legislative File

Ver- sion:	Acting Body:	Date:	Action:	Sent To:	Due Date:	Return Date:	Result:
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Text of Legislative File 2015-0215

Title

Proclamation in Recognition of May 2015 as Mental Health Awareness Month

Body

Whereas, mental health is important for our individual well-being and vitality, as well as that of our families, communities and businesses; and

Whereas, one in five Americans experience a mental health illness that requires treatment at some point in their lives; and

Whereas, one in 10 children has a serious emotional disturbance that, if untreated, can lead to school failure, physical illness, substance use, jail and even suicide; and

Whereas, stigma and stereotypes associated with mental illnesses often keep people from seeking treatment that could improve their quality of life; and

Whereas, mental illness is a biologically based brain disorder that cannot be overcome through "will power" and is not related to a defect in a person's "character" or intelligence; and

Whereas, mental health recovery is a journey of healing and transformation, enabling people with mental

illness to live in a community of his or her choice while striving to achieve his or her full potential; and

Whereas, mental health recovery not only benefits individuals with mental health disorders by focusing on their abilities to live, work, learn and fully participate and contribute to our society, but also enriches the culture of our community life; and

Whereas, the City of Rochester Hills through resources like the Oakland County Community Mental Health Authority is committed to inspiring hope, empowering people, and strengthening our community.

Now, Therefore, Be It Resolved, that, the Mayor and City Council hereby recognizes May 2015 as Mental Health Month in Rochester Hills and we call upon our citizens, government agencies, public and private institutions, businesses and schools to commit to increasing awareness and understanding of mental illness, and the need for appropriate and accessible services for all people with mental illnesses to promote recovery.