



Rochester Hills Minutes

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Sister City Committee/Rochester

*Rochester Hills: David Blair, Theresa Mungoli, and David Walker
Rochester: Debbie Jones, Steve Sage, and Marilyn Trent*

Tuesday, April 2, 2024

6:00 PM

1000 Rochester Hills Drive
Conference Room #130

CALL TO ORDER

Member Mungoli called the Sister City Committee/Rochester meeting to order at 6:04 p.m.

ROLL CALL

Present 6 - Debbie Jones, Steve Sage, Marilyn Trent, David Blair, Theresa Mungoli and David Walker

APPROVAL OF AGENDA

A motion was made by Blair, seconded by Sage, that the Agenda be approved as presented. The motion carried by the following vote:

Aye 6 - Jones, Sage, Trent, Blair, Mungoli and Walker

APPROVAL OF MINUTES

2023-0623 Approval of Minutes - Sister City Committee/Rochester - November 14, 2023

Attachments: [11142023 Draft Meeting Minutes.pdf](#)
[6023 Resolution \(Draft\).pdf](#)

A motion was made by Trent, seconded by Walker, that the November 14, 2023 Minutes be Approved as Presented. The motion carried by the following vote:

Aye 6 - Jones, Sage, Trent, Blair, Mungoli and Walker

Resolved, that the Minutes of the Sister City Committee/Rochester Meeting held on November 14, 2023 be approved as presented.

2024-0182 Approval of Minutes - Sister City Committee/Rochester - January 31, 2024

Attachments: [1312024 Meeting Minutes.pdf](#)
[Resolution \(Draft\).pdf](#)

A motion was made by Sage, seconded by Jones, that the January 31, 2024 Minutes be Approved as Presented. The motion carried by the following vote:

Aye 6 - Jones, Sage, Trent, Blair, Mungoli and Walker

Resolved, that the Minutes of the Sister City Committee/Rochester Meeting held on January 31, 2024 be approved as presented.

DISCUSSION

Presentation by Renee Cortright, Executive Director of OPC Social & Activity Center ('Center')

Ms. Cortright thanked the Committee Members and the cities of Rochester Hills and Rochester for their longtime support of the Center. She reported that the Center had 'rebranded' the prior year to clarify to the public driving by that the Center is an engagement center, not the study of older people as the prior name had confused some of the public. She stated that she is celebrating her 10 year anniversary with the Center and that from her first day she had wished to rebrand and change the name. She continued that as people choose to retire and rewire, that the Center has become the place to do that.

She briefly described the following:

- Membership is for Rochester, Rochester Hills and Oakland Township residents since those municipalities support the Center*
- The Older Persons' Commission was established in 1983 beginning with Rochester and Rochester Hills; then Oakland Township passed the millage and the tri-party Interlocal Agreement was established*
- The millage has supported capital improvements to the Center's facility to update the roof, HVAC transition, LED lighting, energy efficiency to the facility, the pool pumps*
- Residents aged 50 and above may join simply by registering and paying for a \$6 locker card; non-residents may join the Center for a membership fee of \$175.00 for an individual or \$225.00 per couple*
- An increase in the millage was passed by the voters in 2020 which has enabled the Administration to continue to keep the 20-year old facility operational and add the capital improvements to keep the facility energy efficient*
- The Center has federal funding and grants through its nutrition program*
- Oakland County transit dollars and the recently passed transportation millage has assisted the Center's budget as well as providing transportation for the Center's members*
- Membership has increased to approximately 13,000 registered members*
- An increase in 50+ members- both retired and employed demographics; seeing a younger demographic than in years past*
- The OPC app ('my active center') has over 600 users*

Activities

- Basketball*
- Badminton*
- Table Tennis*
- Pickle ball*
- Cardio weight room*
- Theme bingo games serving 150 or more*

Transportation

Ms. Cortright discussed the positive impact the Oakland County Transit Dollars has had on the OPC's budget. She stated that prior to the creation of the Interlocal Agreement, the transportation component was noted. She stated that the transportation portion is reported separately as the transit budget.

Meals On Wheels/Lunch With Friends

Ms. Cortright described the Hotshot Vehicles that deliver the meals on wheels: one delivers to Auburn Hills, Clarkston and Brandon, the other delivers to Lake Orion, Oxford and Addison and effectively keep the meals warm for delivery. She reported that the cafe is open from Monday through Thursday from 9 a.m. to 2:00 p.m. with soups, salads and sandwiches available to purchase. The Lunch with Friends are for Members who do not qualify for Meals on Wheels but would like to lunch in a group setting at OPC as well as Auburn Hills, Lake Orion and Brandon, all managed from OPC. She reported that there are approximately 85,000 in the homebound program and approximately 20,000 in the Lunch with Friends supported by federal funds and meet all of the RDA requirements. For patrons over 60 years of age, there is a \$3 suggested donation and under 60 years of age, there is a \$4 required charge. Meal time is from 11:30 a.m. to 12:30 p.m.; pasta bars, taco bars, chili bars were added this year to change the menu up a bit. There have been wine tastings and special events throughout the year that require a special liquor license.

Medical Equipment Loan Closet

Ms. Cortright stated that they receive a lot of wheel chairs, walkers, canes and bath chairs to share with Members who know someone that may be in need. She did comment that they do not accept commodes as those are very personal in nature. She also reported that many items are donated to World Medical Relief.

Support Groups and Programs

- Medical Medicaid Assistance Program (MAAP)
- Wellness coaching
- Grief counseling
- Alzheimer's dementia caregivers
- Visually impaired
- Parkinson's support group
- Parkinson's care partner group
- Parkinson's wellness recovery
- Therapy pool and lap pool
- Veterans connection
- Women's luncheon

Exercise/Pool Facilities

- Track, Pool Facilities, Pickle Ball

It was noted that Pickle Ball times have to be reserved through the app on Members' cell phones.

Enrichment/Fine Arts

- Retired engineers/computer club
- Dance and music classes: belly dance, line dance, ballroom dance, rumba
- Lapidary, jewelry smithing, woodshop classes
- Library, cards, games, puzzles, keyboard group
- 2 shows per year hosted by the performing arts group
- Travel groups - Sedona, Mackinac Island, waiting lists

Ms. Cortright described the artisan market as the gift shop that is open Monday through Friday from 9:00 a.m. until 2:00 p.m.

Events

- Wine tasting events
- OPC 5k for Meals on Wheels
- Margaritaville
- Senior Picnic
- Oktoberfest
- Thanksgiving Luncheon
- Grandkids Swim
- OPC Summer Soiree'

Memorial Day Parade

The Committee discussed the updates from the Memorial Day Parade Planning Committee Meetings. It was noted that one of the sponsors had resigned because he had not heard about the change in the Parade Route. The Committee discussed further how the Rochester Regional Chamber of Commerce has combined forces with the Community Foundation of Greater Rochester to raise funds, support and facilitation of the parade events. The Members discussed that sponsors are still being sought, that both cities are contributing to the Memorial Day Parade and due to the changes in the parade route, there is significant cost savings in not having to rent tents, chairs, porta potty facilities and in only having to shut down a portion of Livernois and Harding.

ANY OTHER BUSINESS**Future Discussion Topics**

- Grants
- City Budget Processes

Member Mungioli stated that due to the August 6, 2024 Primary Election, it would be necessary to move the Committee's next meeting scheduled on Tuesday, August 6, 2024 at 6:00 p.m. to another date. The Committee Members agreed to move the August 2024 meeting to Tuesday, August 13, 2024 at 6:00 p.m.

NEXT MEETING DATE -

Tuesday, June 4, 2024 - 6:00 p.m.

ADJOURNMENT

There being no further business before the Committee, it was moved by Member Walker and seconded by Member Jones to adjourn the meeting at 7:40 p.m.