OFFICE OF THE MAYOR PROCLAMATION

Mental Health Awareness Month

May 2018

mental health is important for our individual well-being and vitality, as well as that of our families, WHEREAS, communities and businesses; and one in five Americans experience a mental health illness that requires treatment at some point in WHEREAS, their lives; and one in 10 children has a serious emotional disturbance that, if untreated, can lead to school failure, WHEREAS, physical illness, substance use, jail, and even suicide; and stigma and stereotypes associated with mental illnesses often keep people from seeking treatment WHEREAS, that could improve their quality of life; and mental illness is a biologically based brain disorder that cannot be overcome through "will power" WHEREAS, and is not related to a defect in a person's "character" or intelligence; and mental health recovery is a journey of healing and transformation, enabling people with mental WHEREAS, illness to live in a community of his or her choice while striving to achieve his or her full potential; and mental health recovery not only benefits individuals with mental health disorders by focusing on WHEREAS, their abilities to live, work, learn and fully participate and contribute to our society, but also enriches

WHEREAS, the City of Rochester Hills through resources like the Oakland County Community Mental Health Authority is committed to inspiring hope, empowering people, and strengthening our community.

the culture of our community life; and

NOW, THEREFORE, BE IT RESOLVED that, the Mayor and City Council hereby recognizes May 2018 as Mental Health Month in Rochester Hills and we call upon our citizens, government agencies, public and private institutions, businesses and schools to commit to increasing awareness and understanding of mental illness, and the need for appropriate and accessible services for all people with mental illnesses to promote recovery.

Bryan K. Barnett, Mayor

Mark A. Tisdel, Council President

Stephanie Morita, Vice President

Ryan J. Deel, Council Member

Dale A. Hetrick, Council Member

James Kubicina, Council Member

Jenny L. McCardell, Council Member